



Do you find that, as you get older,
your memory is getting less reliable
than it used to be?

Do you want to remember things better and
for longer?

Try our five-day starter course and your memory will immediately be more efficient. With each exercise your memory will get stronger and stronger until you find that you can think more clearly, study harder, and work more efficiently than ever before.

MEMORY
TRAINING COURSES

Presentation

Use the comparative form ...

- to make comparisons: *This course is **better than** the last one.*
- to describe the results of a change: *Your memory will be **more efficient** (than it was before).*
- to describe how something is in the process of changing: *Your memory is **getting less reliable**.*

Adjectives

To form comparative adjectives, use *-er* or *more / less*.

| Short adjectives (one syllable or two syllables ending in -y) | Long adjectives (two syllables or more) |
|--|---|
| adjective + <i>-er</i> <i>old</i> → <i>older</i> , <i>easy</i> → <i>easier</i> , <i>big</i> → <i>bigger</i> | <i>more / less</i> + adjective <i>efficient</i> → <i>more efficient / less efficient</i> |

Some adjectives have two possible comparative forms: *more quiet / quieter*, *more gentle / gentler*

Some adjectives are irregular: *good* → *better*, *bad* → *worse*, *far* → *further*

The spelling sometimes changes when we add *-er*: *big* → *bigger*, *silly* → *sillier*

Adverbs

Form comparative adverbs in the same way as comparative adjectives, using *-er* or *more / less*.

| Short adverbs (one syllable) | Long adverbs (two syllables or more) |
|--|--|
| adverb + <i>-er</i> <i>hard</i> → <i>harder</i> , <i>fast</i> → <i>faster</i> | <i>more / less</i> + adverb <i>efficiently</i> → <i>more efficiently / less efficiently</i> |

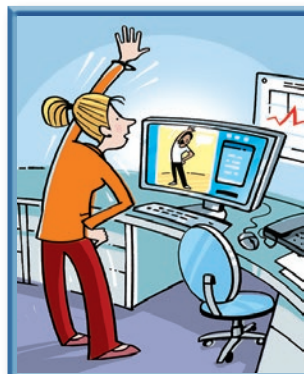
Some adverbs are irregular : *well* → *better*, *badly* → *worse*

than

Use the preposition *than* to link the two objects, people, or situations that you are comparing:

*My memory is less reliable **than** it used to be.*

- 1 Complete the text with the correct comparative form of the adjectives and adverbs. Use -er, more, or less.**

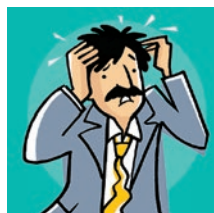


Do you find that you're getting
¹ _____ (busy) every day? You're
 working ² _____ (hard) than ever, but
 you're getting ³ _____
 (efficient)? You never have time to
 get to the gym and you're getting
⁴ _____ (fat) and ⁵ _____
 (slow)? Then try our new, improved

Desktop Aerobics. The new version is
 guaranteed to make you ⁶ _____ (fit)
 and ⁷ _____ (healthy). It'll help
 you feel ⁸ _____ (stressed).
 It'll help you work ⁹ _____
 (quickly) and ¹⁰ _____
 (efficiently). You'll love it. Your boss'll
 love it. Start now!

- 2 Complete the texts using the comparative form of the adjectives and adverbs in the boxes.**

good gray long stressed



I hate my job! I'm working
¹ _____ hours
 than ever and the wages aren't
 getting any ² _____.
 I'm ³ _____ than
 I've ever been before. My hair's
 getting ⁴ _____ by
 the day! I don't think I can take it
 anymore!

happy healthily short stressed



I love my new life. I can relax now
 so I'm ⁵ _____
 than before. I'm working
⁶ _____ hours. I'm
 eating ⁷ _____.
 I'm ⁸ _____ and
 enjoying life more than I ever have
 before.

- 3 Write sentences that give your opinion. Use a comparative form using -er, more, or less.**

- | | |
|--|---|
| 1 pizza / ice cream (tasty) | I think <u>ice cream is tastier than pizza.</u> |
| 2 work / studying (stressful) | I think _____ |
| 3 listening to music / doing sports (relaxing) | I think _____ |
| 4 traveling by car / traveling by train (fast) | I think _____ |
| 5 dancers / golfers (fit) | I think _____ |
| 6 teachers / lawyers (work hard) | I think _____ |

- 4 Complete these sentences so that they are true for you.**

- I am less _____ than I was five years ago.
- I think _____ is more important than _____.
- _____ is easier than _____.
- _____ is better for you than _____.
- I'd like to be more / less _____ than I am at the moment.